



## Pre and Post Treatment Instructions **PicoWay Tattoo Removal**

### Pre-Treatment Instructions

- Avoid the sun 4-6 weeks before and after treatment until your physician allows it.
- Your Provider may ask you to stop any oral or topical medications or other skin care products 3-5 days prior to treatment.
- Tanned or darker skin types should not be treated. If treated within 2 weeks of active (natural sunlight or tanning booth) tan, you may develop hypo-pigmentation (white spots) and this may not clear for 2-3 months, or even longer.
- The use of self-tanning skin care products must be discontinued 1-2 weeks prior to treatment. Any residual self tanner must be removed prior to treatment.

### Post-Treatment Instructions

- Immediately after treatment, there should be a “slight frosting” on the area that is treated. Erythema (redness) and edema (swelling) at the treatment site can occur and may last up to 2 hours or longer. Pinpoint bleeding may also occur.
- An ointment (Aquaphor, bacitracin, or even Vaseline) should be applied to the treated area and covered with a non-stick bandage.
- After the treatment, the skin will scab over. It is very important not to pick, scratch or aggressively wash the area to prevent possible scarring. This crust should flake off in 7-10 days.
- Avoid sun exposure to reduce the chance of hyper-pigmentation (darker pigmentation).
- Use sun block (SPF 30+) at all times throughout the course of your treatments.
- There are no restrictions on bathing except to treat the area gently, as with any other wound.

Please call our office if you have any additional questions after the procedure.